

Peter White Public Library

Marquette, MI | 906/228-9510 | www.pwpl.info

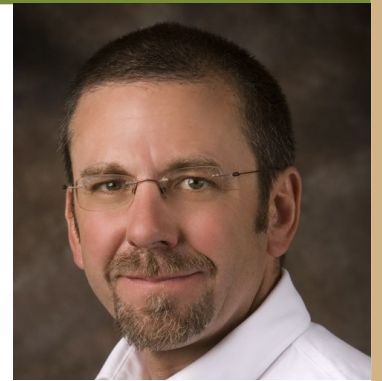


# For Your Health

## *Get Up and Get Moving*

*Mobility, A Vital Sign to Improve Health and Longevity*

## Brad Jackson, MS, PT



**\*Certified Clinical Instructor, American Physical Therapy Association**

**\*Neuro Rehabilitation**

**\*Orthopedic Physical Therapy**

**\*Mechanical Diagnostic Spine Care**

**\*BS, Iowa State University**

**\*MS, PT, Des Moines University**

*"I have spent the majority of my career working with older adults and have really enjoyed helping them regain their independence and achieve goals that are meaningful to them."*



Wednesday, November 13 @ 12:00 pm

PWPL Shiras Room

**PWPL**

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No Admission Fee

